

**Senior Services Advisory Board of Frederick County**  
 (formerly Frederick County Commission on Aging)  
**Meeting Schedule for 2019 – O P E N T O T H E P U B L I C**  
**1:00 – 3:00 PM**

<b><u>DATE</u></b>	<b><u>SPEAKER</u></b>	<b><u>LOCATION</u></b>
1/14/2019	Guest Speaker: Mindy Lohman-Hinz & Mary Collins DSS Topic: Caregiving	Walkersville Library 2 South Glade Road Walkersville, MD 21793
2/11/2019	Guest Speaker: Carolyn True Topic: Area Plan	Urbana Library 9020 Amelung Street Frederick, MD 21704
3/11/2019	Guest Speakers: Kelli Ackiewicz, Program Manager Topic: ILR Education Senior Related Issues	Brunswick Library 915 North Maple Avenue Brunswick, MD 21716
4/8/2019	Panel Guests Speakers: Medical Cannibus – Green Health Docs Traditional Medical - Dr. Larry Romane Acupuncture/Holistic Health – Director Ryan Diener Yoga & Mindfulness – Carla McAdams Mountain Spirit Yoga Topic: Pain Management for Seniors	New Market Town Hall 39 W. Main Street New Market, Md 21774
5/13/2019	Older American's Month Guest Speaker: Chip Jewel Topic: Living History of the Frederick Fire Service	Frederick Senior Center 1440 Taney Ave. Frederick
6/10/2019	Guest Speaker: County Executive Topic: State of Frederick County	Winchester Hall
7/8/2019	NO MEETING	
8/12/2019	Guest Speakers: Director of Transit Nancy Norris and Deputy Director Roman Steichen Topic: Transportation	
9/09/2019	Panel Guest Speakers: Linda Myer - Mental Health Association Geoff Littrel - AERS Mental Health Outreach Shannon Baskerville – Partners in Care Topic: Senior Mental Health	
10/14/2019	Panel Guest Speaker: Bruce Zavos – Affordable Housing Council Susan Brown - Housing & Community Development James Gugel – Housing /Frederick Co Milton Bailey – Frederick Co Manalo – Business Community Topic: Affordable Housing	
11/04/2019	Guest Speaker: TBD Topic: Mediation	
12/09/2019	Guest Speaker: Mia Brust Long Term Care Ombudsman	